

Annexture-2**Breakfast**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Payment Basis:						
Boiled egg	Boiled egg	Boiled egg	Boiled egg	Boiled egg	Boiled egg	Boiled egg
Fruit Juice (fresh)	Fruit Juice (fresh)	Fruit Juice (fresh)	Fruit Juice (fresh)	Fruit Juice (fresh)	Fruit Juice (fresh)	Fruit Juice (fresh)
Instant coffee	Instant coffee	Instant coffee	Instant coffee		Instant coffee	Instant coffee
saches	saches	saches	saches	Instant coffee saches	saches	saches
Menu A						
Milk/Tea (200 ml)	Milk/Tea (200 ml)	Milk/Tea (200 ml)	Milk/Tea (200 ml)	Milk/Tea (200 ml)	Milk/Tea (200 ml)	Milk/Tea (200 ml)
Bread (4 slices)	Bread (4 slices)	Bread (4 slices)	Bread (4 slices)	Bread (4 slices)	Bread (4 slices)	Bread (4 slices)
Butter (20gm)	Butter (20gm)	Butter (20gm)	Butter (20gm)	Butter (20gm)	Butter (20gm)	Butter (20gm)
Jam (20gm)	Jam (20gm)	Jam (20gm)	Jam (20gm)	Jam (20gm)	Jam (20gm)	Jam (20gm)
Ketchup	Ketchup	Ketchup	Ketchup	Ketchup	Ketchup	Ketchup
Cornflakes		Sprouts	Cornflakes		Cornflakes	
	2 Fruit	2 Fruits		Egg bhurji/2 Fruits		

Menu B

Aloo Parantha	Poha (150 gm)/ idli	Gobi Parantha	Paniyaram	Chilla	Chanadaal Parantha/Methi Parantha	Masala Dosa
	Green chutney/ Nariyal chutney		Nariyal chutney (red and white)			
Curd	(white)	Curd		Tomato chutney	Aloo sabji	Sambar
	Ussal/ Sambar			Green chutney	Green Chutney	Nariyal Chutney (red and white)

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Veg Biryani	Puri	Punjabi Rajma	Kadhi Pakoda	Palakkad Matta (Kerala Rice)	Veg Pulao	Choley

Seasonal veg	Aloo sabji	Aloo fry/ gobi fry	Dry Soyabean*	Sambar/Rasam	Veg manchurian	Puri/Bhatura
Chana Dal	Moong dal	Curd	Rice	Bhindi varuva/dry mix veg	Fruit raita	Raita
Boondi Raita	Curd			Curd	Lobhiya	Rice
Papad	Fryums	Papad	Sabudana Papad	Fryums	Papad	Papad
Tawa roti, pickle, salad	Rice, pickle, salad	pickle, salad	salad	salad	salad	salad
		Rice, tawa roti,	tawa roti, pickle,	Tawa roti, pickle,	Tawa roti, pickle,	Tawa roti, pickle,

Dinner

Shahi Paneer	Malai Kofta	Seasonal veg	Paneer Mumtaz	Mix veg	Soyabean curry	Chilli mushroom
Lobhiya	Uradh dal	Dal makhani	Arhar Dal	Chana dal	Masoor Dal	Arhad dal
Rice, tawa roti, pickle, salad	Rice, tawa roti, pickle, salad	Jeera Rice	Rice, tawa roti, pickle, salad	Misi roti	Jeera rice	Rice, tawa roti, pickle, salad
		tawa roti, pickle, salad		Rice, pickle, salad	tawa roti, pickle, salad	
	Custard* / Halwa*	Gulab Jamun*/Ice Cream*		Kheer*		Sewai*
Payment Basis:						
		Chicken biriyani/Chicken curry		Egg curry		Chicken Curry
* limited amount						

Note: For breakfast on any given day both menu A and B should be prepared. A student can choose to take either A or B.

The following items will be provided in every Lunch/Dinner in addition to the menu mentioned above:

Seasonal fresh fruits:-Orange,Kenu, Guava, Apple, Mango, Banana

Salad : Onion (2pcs)+Green Chilly+Nimbu(1/2)+Khera/Tamato/Gajar/Muli(3 pcs)/Sprouts.

For students who are in fast, equivilant menu will be decided my mess committee.

Vegetables according to season and can be changed after passing through the mess committee

Sweet Dish : According to season and can be changed after passing through the mess committee.

Special Dinner for Six Occasions (Poori+Palo+2 Vegetables (one Paneer) + dall+2 sweet dish.

This will not bear extra cost.